

# Conditioning

May

2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Closed	2 Closed	3 Constitution Day Kaatsu training 18:00~18:50
4 Green day	5 Childrens day Kaatsu training 20:00~20:50	6 Substitute holiday	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31